

CHW PROGRESS REPORT

Issue # 16 Spring 2019

All Are Invited! –
Saturday April 13, 2019
9th Annual
Change Her World
Fundraising Dinner
Stratford, Ontario
(Details on Page 5)

Almost There...Girls Hostels Nearing Completion!

With the exceptions of doors, some window panes and finishing up the pointing and drainage requirements, the construction of both Thimalala and Thunduti hostels is very close to completion. These have been significant projects to meet a pressing need. Girls often walk long distances to secondary school which puts their safety at risk and tires them before starting their classes. They

then have to face the same long trek home at the end of classes, often with little or no food and water. It is often too much for the girls and their families. Girls give up and

Girls hostel at Thimalala in the construction process.

drop out. With a hostel now in both these school communities, new opportunities for education have opened up.

Change Her World is extremely proud of this new achievement and wish to thank the committee members in both projects, the school and community leadership involved and of course, our donors who have helped us see the construction of both hostels through to completion. There will be 56 girls accommodated at Thunduti Hostel in the Chilumba Project and 70 girls at Thimalala within the Mzuzu/ Ekwendeni Project.



Above—Girls at Thunduti School who are looking forward to their new home. Right—CHW Coordinator Fiskani Chirwa inside the Thunduti Girls Hostel.



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Other CHW Project News!



Update on the Wells

We are pleased to announce that all four wells have been completed and that the communities are enjoying clean water. The memorial plaques (bearing the name of Allin Mitchell for the wells at Muwula School and Mwinuka village) were part of the shipment which has recently arrived in Chilumba. We anticipate photos marking the dedication of these wells in memory of Allin very soon. A heartfelt thanks to Murray Mitchell and the Hope for Haiti group for allowing Change Her World to be part of a wonderful gift to the people in the Chilumba area and a poignant way to remember Allin. Word has it that 4 more wells may soon be possible!

Primary, Secondary and Post - Secondary CHW Girls in our Projects



A CHW girl being honoured in the Fall 2018 for the highest academic achievement in her school!

OUR CURRENT NUMBERS combining both the girls in the Chilumba Project and the Mzuzu/ Ekwendeni Project are:

- 27 students University and College
- 60 students Secondary School
- 74 students Primary School
- 20 students Nursery School

This totals 181 girls being supported. School fees to cover the cost for girls in secondary and post-secondary education are \$32,800 CAN (\$24,300 US) per term (3 terms per year).

There are more than 20 CHW girls waiting to transition into Secondary and Post - Secondary whom we were not able to fund last year.

Please consider making a monthly donation to this charity to assist in this need!

Girls Clubs

The Girls Clubs began as a pilot program last fall. This initiative was welcomed by the girls. Subsequent gatherings were held in Chilumba through the months September to December 2018 to discuss needs and issues of concern as well as exploring a format of how the clubs might best operate. It was the intent of the Board that the Girls Clubs going forward would be an opportunity for the girls to look at all aspects of personal growth, career, health, decision-making, empowerment and solidarity. There arose during the gatherings, the possibility of creating IGAs (income generating activities) as part of this initiative. At present, there remains much that is



yet unknown relevant to this idea. Therefore further time and exploration are needed before a definite focus and format for the Girls Clubs can be clearly established.

Celebration Time! Our 10th Anniversary Plans for 2020

In 2020 Change Her World will mark ten years of work, pride and passion in bringing hope and opportunity to vulnerable girls in Northern Malawi, Africa. Everyone involved has much to celebrate and to be grateful for. Certainly the Board, the leadership in Chilumba and Mzuzu/Ekwendeni, the CHW girls and their families all owe a huge debt of gratitude to the many individuals - young and old, churches and service clubs whose compassion and generosity have made it all possible! I am reminded of the

Margaret Mead quote: "Never doubt that a small group of thoughtful committed citizens can change the world; indeed, it is the only thing that ever has".

In March 2018, we began thinking about how to best acknowledge all that has been accomplished as well as how to raise the profile of the charity and expand the donor base to ensure the viability and sustainability of Change Her World, as we look toward the next ten years. At that time, the Board gathered a small group of loyal and keen supporters to discuss possibilities. We met again on February 2, 2019. We now have in place a plan for events and activities for the ten months, ten weeks and the ten days leading up to and culminating in the 10th Annual Celebration Dinner to be held on April 18, 2020.

There will be something for everyone to participate in as we head into our 10th year of celebration beginning with the launch of a Church Challenge in the Fall 2019 and a Movie Night on October 11, 2019 to celebrate the



On February 2, 2019 a follow-up meeting was held with volunteers for CHW to put into place plans for our 10th year of celebration. Back—Bessie, Heather, Jennifer, Michelle, Sharon, Pat, Linda and Carol. Front—Marlene, Lorraine and Penny.

International Day of the Girl. Throughout the coming year, watch for Change Her World at Soup's On - January 11, 2020, various coffee and cookie events around Stratford (October 2019 to April 2020), the showcasing of a travelling photo exhibit (February to April 2020), posting of news updates on our website as to what various girls are doing now and much more... a few hints to whet your curiosity. Further details will be forthcoming.

Of course the 10th Annual Dinner will be a very special event. We will welcome all those who have made it possible- family, friends, and our many varied supporters, along with a few surprises. Mark your calendar now – **Saturday April 18, 2020** at the Best Western Arden Park Hotel in Stratford!

Our Chocolate Extravaganza Fundraiser! November 10, 2018



Left—Volunteer Leah Hastings assisted at the Chocolate Sampling Table. Middle—A cake was donated by Kandy Cakes. Rt. Above—Linda speaking about Change Her World with attendees. Rt. Below— Lorraine assisting in the Chocolate Café. A special thanks to Dale Bast and his kind donation of the Hall at the Royal Canadian Legion on Ontario Street to host this event!

Collection Campaign

From a recent email sent to our supporters, you will have learned that for the time being, we are reducing the size and frequency of our shipments to Malawi as a cost cutting measure to better meet the financial challenge of supporting 27 young women in college and university. For the foreseeable future we are **ONLY** shipping:

- 1. Reusable Sanitary Protection Kits
- 2. Birthing Kits
- 3. Underwear Girls sizes 4-14 & — Women sizes Small & Medium

4. School Materials directed to Grades 4-8 in the following areas - Health, Science, Math & Geography. Charts, flashcards, soft cover dictionaries, soft cover picture/information books and instructional materials are needed. (No scissors, glue, crayons, markers etc., please.)

Health Topics

Nutrition, Growth and Development, Physical Fitness & Safety

Puberty & Reproduction

Substance Abuse

Nervous & Circulatory system (Human Organ Systems)

Geography Topics

Land Formations

Natural Resources

Maps

4

Our most recent shipment (February 2019) of 64 cartons has now arrived in Chilumba after leaving Linda's home in Stratford.

Math Topics

Measurement (Metric), Geometry

Patterning & Algebra

Number Sense

Fractions, Decimals, Place Value

Problem Solving Operations of Addition, Subtraction, Multiplication & Division

Science Topics

Habitats, Soils, Biodiversity & Conservation

Light, Sound, Electricity, Energy

Space

Water Systems

Weather Systems & Patterns

Please ensure any maps or teaching resources can fit into a 68L container and that items collected are up-to-date.





Can you provide a monthly donation? This helps determine how many girls can be supported. PLEASE COMPLETE THE FOLLOWING: NAME: _____ ADDRESS: PHONE: E-mail: I wish to support the education of CHW girls with \$ _____ Cheque (payable to CHANGE HER WORLD) I wish to support CHW with a monthly donation of \$_____ VISA MC Mail to: CHANGE HER WORLD P.O. Box 1057 P.O. Box 1057 Stratford, Ontario EXPIRY DATE / N5A 6W4 CARD NO. Receipts are issued for gifts of \$20.00 Cardholder Name (Print) _____ or more Donations may be made online at Phone Signature www.changeherworld.ca Charitable Registration No. 81600 9252 RR0001 1-888-909-2491



Change Her World 9th Annual Fundraising Dinner–Saturday April 13, 2019

You are invited to attend the 9th Annual Change Her World Fundraising Dinner Saturday April 13, 2019

Best Western Plus Arden Park Hotel 552 Ontario Street, Stratford, Ontario

5:30 PM-Social Hour

6:30 PM—Full Course Dinner

Cost: \$45.00 Must be purchased by April 10, 2019

Tickets are available at Blowes Stationery on Wellington Street, Stratford or by calling Linda Willis at (519) 271-5598. If you require a vegetarian meal, please let Linda know.



CHW Promotional Video

A special feature at the dinner will be the showing of a new promotional video highlighting the work of Change Her World! Be the first to see this inspiring production which can be circulated via social media!



Collection at the Dinner!

This year we are asking for donations of soft covered dictionaries for elementary or secondary students. As well, we require another 400 face cloths for our birthing kits and would appreciate donations of new face cloths.



Canadian Midwest Report from Donna Milbrandt.

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The 2018 Harvest Showdown in Yorkton was another success for Change Her World. A huge thank you to all the folks in East Central Saskatchwan and other visitors who stopped to chat or make a monetary donation to our girls. This is a wonderful opportunity to connect with the folks who assist with sewing reusable sanitary protection items and dresses for Change Her World.

Recently we have connected with a group of ladies from Weyburn, Sask who will be working on sewing the kits over the next few months. I have tentative plans to do a presentation on CHW for them when I am in the area in the fall.

A presentation was recently given to a Seniors group at Heritage Baptist Church in Yorkton. The plight of the girls in Malawi resonated with many of the ladies.

I am looking forward to meeting many of you again at the **Yorkton Spring Expo** — **April 12 to 14, 2019**! Come by our booth and say hello!



... from the Board of Directors

CHANGE HER WORLD

Founded in 2010, this organization is dedicated to removing the barriers that prevent girls and women from being educated in the developing world.

Currently, girls and women in our project in Northern Malawi are receiving support but the need is great.

Our Corporate Objects include:

- \diamond Education of girls
- \diamond Relief of poverty
- \diamond Clean water and sanitation
- \diamond Promotion of Health
- **Oracle Provision of micro financing**

If you want to change the world...start with her

We wish to thank Kevin Hill, Commercial Printers Stratford, for the charity discount provided for the quality printing of this report.

Change Her World

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As the Board looks to the tenth year anniversary celebrations in 2020, we would like to extend an invitation to anyone interested in serving as a Director to please complete the online application or speak to a current Director.

We are also excited to showcase at the April dinner this year, a new promotional video which will highlight the work, the passion and the progress of our charity over the years and invite others to join us in bringing hope, opportunity, possibility and excitement to the girls of Northern Malawi.



Carol and I continue to speak to various groups and organizations as we share the story of how this



charity began and the encouraging stories of how the lives of girls and women have been changed because of the work of Change Her World.

> On March 8, 2019, we were invited to speak at the Zonta Club in Stratford to a group of 110 professional and business people about our work. Many were moved to tears as they heard the impact that Change Her World is having on gender inequality. If you would like us to speak in your community, at your church, or provide an inspirational talk at your workplace, please email: info@changeherworld.ca.

Linda Willis—CHW Board Chair

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